

# Saints **Forward**

FALL/WINTER 2025 | VOLUME 64

## **A Night to Remember**

*Saints Ball — Samba & Sparkle: A Night in Rio!*



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St. Anthony ICU Enhancements

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Saints *Forward* Phase 2 Begins

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First-in-City Technology to Treat BPH

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Mabee Foundation Grant Announced



**SSMHealth**.

St. Anthony Foundation





# *Saints Ball — Samba & Sparkle: A Night in Rio!* A Night to Remember!

The SSM Health St. Anthony Foundation held its annual **Saints Ball** on Friday, October 24th, at the National Cowboy and Western Heritage Museum. ***Samba & Sparkle: A Night in Rio!*** raised an all-time high of \$1,437,795 for the Saints Forward campaign. Funds will be used to complete the Love Family Entrance and assist with renovation of Patient Tower floors at SSM Health St. Anthony Hospital. Event co-chairs were **Dr. Senthil and Thatcha Raju** and **Governor David and Rhonda Walters**.

The festive, Rio de Janeiro-themed “sparkle black tie” event was attended by nearly 800 guests. It featured live and silent auctions, raffles, live music, and colorfully-clad samba dancers who gave lessons to those for whom they were purchased in the name of fundraising fun.

Multiple moments throughout the evening praised the caregivers at SSM Health St. Anthony for providing care that inspires action and creates community.





Highlights included hearing the story of **Dustin Davis**, a St. Anthony Hospital Cancer Center patient, who, alongside wife Kelli, told the gathering that his experience at Saints was more than just healing – it was a compassionate community that inspired them to give back – and challenge their friends and family to do the same.

**Metro Physicians** and **TCO Hospitalist Group** made a pledge to match all proceeds from the evening up to \$200,000 – a challenge met and then some! Generous supporter donations of \$50,000 bookended the **Fund-the-Mission** portion of the program.

The **Saints Forward** campaign, buoyed by lead gifts, driven by Saints leadership, and bolstered by the success of this year's Saints Ball which gave many the opportunity to participate, will enhance patient care and safety at St. Anthony for decades to come.



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A message from SSM Health Oklahoma Regional President

# Joe Hodges



Dear Friends of Saints,

First and foremost, thank you to all who joined us at the 2025 Saints Ball! Your generosity and presence made this year's event a record-breaking success, raising more than \$1.4 million to support our Mission. Together, we are making a profound difference in the lives of those we serve.

As we celebrate this achievement, I want to share some important updates and challenges we are navigating. Recent legislation has introduced new complexities for health care providers, and our leadership team is carefully evaluating its impact on our ability to care for all patients – especially the most vulnerable among us. These changes, coupled with ongoing financial pressures from shifts in reimbursement for the care we provide, underscore the critical role philanthropy plays in sustaining our Mission.

At SSM Health in Oklahoma, we also remain committed to being the employer of choice. This is especially vital as health care professions nationwide face significant shortages. Each year, we measure employee engagement through our Employee Voice Survey, and I am proud to share that this year's results not only exceeded our goals, but the Oklahoma results lead the SSM Health system. I am incredibly proud of our Saints in Action team and the dedication they show every day.

Your support matters now more than ever. The impact of recent legislation highlights the importance of philanthropic efforts to ensure we can continue to care for all who come to us. We are deeply grateful for the donations featured in this quarter's newsletter – they are a testament to your commitment and compassion.

On the facilities front, exciting progress continues. The new Love Family Entrance at SSM Health St. Anthony Hospital is moving forward as planned, and we have begun transformative work on the St. Anthony Hospital Tower Project, starting with renovations on the 6th floor. These improvements will create healing spaces that enhance the experience for both patients and the caregivers who serve them.

As we look ahead, I extend my warmest wishes for a joyful holiday season and a healthy, hopeful new year. Thank you for supporting our Mission to provide exceptional care to all.

With gratitude,

A handwritten signature in blue ink that reads "Joe Hodges".

**Joe Hodges**

Lead Regional Executive, SSM Health  
Regional President, SSM Health Oklahoma





*L-R: Dr. Gregory McKinnis, Avis Scaramucci, Tammy Powell, Dr. Kersey Winfree, Darla Wilson, Lynann Sterk-Brooks, Jacqueline Shankle*

# ICU Cuts Ribbon on Enhancement Project

On Tuesday, November 4, a ribbon cutting ceremony was held at the SSM Health St. Anthony Hospital Intensive Care Unit to celebrate the installation of numerous updates and enhancements made possible by a generous Foundation donor. Afterward, ICU nursing staff led an informative tour of the Pavilion 3rd and 4th floor locations of the updated facilities.

The Intensive Care Unit provides 24-hour critical care for patients with life-threatening conditions and can improve the chances of survival. The ICU is a sanctuary for the acutely ill, where the intensity of care matches the urgency of their medical needs. ICU nurses and doctors often work long hours, carry intense workloads, and work within time constraints, making it one of the most stressful and challenging work environments in the hospital.

The updates are intended to ensure patients, families, and health care providers, particularly the nursing staff, have the necessary equipment to be successful and comfortable during the healing

process. The enhancements included new recliners for patient rooms, adjustable beds to assist patients with breathing, new patient lifts for the ICU rooms that did not yet have them and new chairs for the nurses' stations. Also included were renovations to the nursing lounges and conversion of an existing consultation room into a Critical Care Physician and Nurse Rejuvenation Room.



*New massage chairs for ICU Caregiver Rejuvenation Room*

# SSM Health St. Anthony Hospital Offers First-in-the-Metro Technology for Treatment of Enlarged Prostate

SSM Health St. Anthony Hospital has announced that it is the first hospital in the Oklahoma City metropolitan area to offer **Aquablation® therapy** to treat men suffering from benign prostatic hyperplasia (BPH), commonly known as an enlarged prostate.

BPH affects millions of men, impacting urinary function. Without timely treatment, BPH can lead to severe health issues such as permanent bladder or kidney damage, bladder stones, and incontinence. After medical therapy, the standard treatment option is surgery, but this may impact sexual function and continence. While there are many surgical options for treatment, Aquablation provides the ability to preserve sexual function and continence for medium to very large prostates.

Thanks to a generous donor, St. Anthony Hospital has purchased and put into service a first-in-the-metro technological advancement called an Aquablation robot, which allows physicians to utilize robotic cystoscopic ablation to treat enlarged prostates. The hospital's new robotic system is the next-generation platform Aquablation therapy, now delivered by an AI-powered robotic system. It is clinically proven to provide significant BPH symptom relief while preserving sexual function and continence.

***"BPH is a widespread condition that severely compromises quality of life for countless men over age 50,"** explains Mohammad Ramadan, MD, SSM Health St. Anthony Hospital urologic surgeon. **"With Aquablation therapy, men can reclaim their lifestyles and find relief from symptoms while preserving sexual function and continence – outcomes that have proven elusive with many traditional treatment types."***

Aquablation is a new form of robotic assisted surgery which enhances the surgeon's ability to combine real time imaging with cystoscopic treatment to preserve critical anatomy and provide better outcomes. SSM Health St. Anthony is the first hospital in Oklahoma to offer technology with these AI overlays and is the first Aquablation program in the Oklahoma City metropolitan area.

***We are thankful for our skilled Saints in Action and our generous Foundation donors, working together to advance health care in our community!***



*Saints Urology Team: Mohammad Ramadan, MD (l), Farhan Khan, MD (c), and Kristy Nguyen, MD (r), pictured above with the new Procept HYDROS Aquablation Robot.*





# A Transformative Lead Gift Sparks Progress

## St. Anthony Hospital Begins Phase 2 of the *Saints Forward* Campaign Project

With a transformative lead gift secured, work has begun on the much needed renovation of SSM Health St. Anthony Hospital Patient Tower floors! The renovation of floors 6-11 has long been identified as “Phase 2” of the ***Saints Forward*** capital campaign begun in 2023.

St. Anthony Hospital, established in 1898, includes an 11-story East Central Patient Tower constructed in 1972. This tower houses six inpatient care units on floors six through eleven, totaling 138 patient rooms serving a variety of needs including medical, surgical, oncology, and stroke units.

Since their original construction, over fifty years ago, these inpatient units have seen only minimal cosmetic updates. Notably, 46 patient rooms share

bathrooms with showers or bathtubs, leading to patient complaints and underscoring the urgent need for renovation and modernization.

This initial investment will revitalize the patient care environment and address critical infrastructure needs at St. Anthony. The anonymous donor has asked that their lead gift – the largest gift ever made to the St. Anthony Foundation – be leveraged to secure additional philanthropic support to ensure the new spaces are equipped with the necessary and most up to date technology.

**Recognition and naming opportunities are available for donors. Contact the Foundation at 405-272-7070.**

# Successful Fundraising Efforts Unlock Mabee Foundation Grant

The SSM Health St. Anthony Foundation recently announced that it has successfully met the requirements for awarding of a challenge grant from the **Mabee Foundation** of \$2 million. The grant is marked for the **Saints Forward** campaign which will fund completion of the Love Family Entrance at St. Anthony Hospital.

**The Love Family Entrance**, currently under construction, will help meet accessibility challenges by directly attaching the hospital to the existing parking garage and providing an enclosed, single level hospital entrance to assist our most vulnerable patients. The project will help alleviate safety concerns while also providing a much-needed expanded lobby to accommodate the 176,552 patients St. Anthony serves on a yearly basis.

Saints caretakers are called to heal patients through exceptional health care services and reveal the presence of God, and the hospital environment needs to reflect the same level of patient dignity and care. The new entrance and lobby promise a safer, more accessible, welcoming space for patients, with access to well-planned green space that will elevate patient care and promote healing.

The Mabee Foundation is a longtime supporter of SSM Health and St. Anthony Hospital. Mabee Foundation-funded buildings dot the landscape of the six states in which the Foundation operates. Since its inception, the Mabee Foundation has made grants totaling over \$1.6 billion.



## Be Recognized for Your Support!

Construction continues on the **Love Family Entrance** at SSM Health St. Anthony Hospital with completion slated for early 2027. The grand new gateway to the west side of the hospital will include a vastly expanded, welcoming lobby, healing green space, and improved safety and security elements.

*SSM Health St. Anthony Foundation is pleased to remind supporters that recognition of individual gifts on a permanent donor appreciation wall in the new lobby area begins at \$10,000.*





# Leadership spotlight: Shasta Manuel

Regional Chief Financial Officer



## What is the main focus of the Regional CFO?

The main focus of the Regional CFO is to ensure the long-term financial health and sustainability of the health ministry. This includes overseeing financial operations, supporting strategic growth initiatives, improving operational efficiency, and ensuring that resources are used responsibly to support high-quality patient care.

## What was your career path that led to your current position?

My career has been rooted in health care finance. I began in entry-level finance roles, where I gained exposure to budgeting, forecasting, and operational performance. Over time, I progressed into leadership positions such as Controller and Director of Finance, where I managed teams and worked more directly with hospital and Medical Group leadership. I also held roles in operations that really allowed me to see finance and operations in a new and different way, preparing me for the Regional CFO role. Throughout my career, I focused on building strong relationships, relying on strategic thinking, and understanding how finance supports operations which directly impacts patient care.

## What are the most significant issues that will affect the company's financial health in the next three to five years?

Key issues likely to impact financial health include:

- Continued workforce cost increases and shortages, particularly in nursing and specialized clinical roles.
- Increasing costs of supplies, technology, and pharmaceuticals, driven by inflation and supply chain disruptions.

- Growth of ambulatory and digital care, requiring strategic investment and operational redesign.
- Competition and changing patient expectations, especially regarding convenience, access, and transparency.

## How does your leadership style align with SSM Health's Mission and Vision?

I strive to lead with transparency, respect, and empathy. I have always loved how Harvard Business School defines leadership: Making others better as a result of your presence and making sure that impact lasts in your absence. That is my goal as a leader.

## What is the best thing about working at Saints?

The best part of working at Saints is the people. Our culture, the commitment to the Mission, and the dedication of our employees create a truly special environment. It's inspiring to see how deeply the caregivers at Saints care for patients and for one another. I honestly feel like Saints is my family.

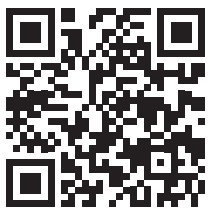
## What would you like others to know about the SSM Health St. Anthony Foundation?

The Foundation plays a critical role in supporting our ministry. Through generous donors and community partners, the Foundation helps fund essential programs, patient assistance initiatives, advanced technology, and facility improvements that directly enhance the patient experience. The Foundation ensures that we can continue to provide compassionate, high-quality care to all – especially the most vulnerable. When people support the Foundation, they are investing in the health and well being of the entire community.

# Thank You for Your Generosity!

Philanthropy plays a vital role in continuing our Mission of providing exceptional, compassionate health care in our communities. You are a part of our lifesaving work, and we are grateful for you. We are honored to recognize your generosity here. The list below reflects donors who made a tribute gift between January 1 and June 30, 2025.

For the full list of donors, visit  
[givetossmhealth.org/SaintsDonors](https://givetossmhealth.org/SaintsDonors)  
or scan the QR code.



## Gifts made in memory of individuals:

**In memory of Mrs. Lucille Ackerman**  
Ms. Linda Whittington

**In memory of Dr. Brent D. Bell**  
Connie L. Calvert  
Joni Jones  
Ms. Christina Mohr  
Oklahoma Health Care Authority  
SSM Health St. Anthony Hospital  
Medical Staff

**In memory of Dr. Augusto G. de Quevedo**  
Mrs. Nancy L. de Quevedo

**In memory of Marvin Hendricks**  
Anonymous

**In memory of Mrs. Rebecca Hoffman**  
Sherry and Tim Rhodes

**In memory of Penny Hoskinson**  
City of Cedar Park, Development Services  
Mary Gum  
Shirley Guyton  
Michael Hoskinson  
Rosanna Wallace

**In memory of Mr. Otis C. Laskey, Sr.**  
Ms. Angela Laskey

**In memory of Judy Love**  
Anonymous  
Barbara Brou  
Nancy P. Ellis  
Jane B. Harlow  
Jay and Susan Johnston  
Mrs. Joan Maguire  
Mr. and Mrs. William F. Shdeed

**In memory of Elizabeth Reding**  
Aggie Daniel

**In memory of Kathrine Roberts**  
Sheilah Winters

**In memory of Mr. David Sims**  
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**In memory of Mrs. Bevlyn Taron**  
Mr. Leonard Taron

**In memory of Mrs. Marilyn R. Tautfest**  
Drs. David and Nancy Dietrich  
David and Diane Folks  
Mundy Berrong Green  
Dr. Lilly Jacobson  
Caren Landau  
Mollie Cross Leone  
Richard and Judy Kay Spies  
Rajan and Susan Telang

**In memory of Rod, Tom and Dan Valley**  
Ms. Jeanne P. Valley

**In memory of Alice Whittington**  
Julie and Rick Naifeh



# Gifts made in honor of our Saints in Action:

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**In honor of Dr. Tauseef Ali**  
Carol Sims

**In honor of Dr. Gaynell Anderson**  
Mr. Leonard Taron

**In honor of Dr. Emily Archbald**  
Bob and Lynne Rowley

**In honor of Patricia J. Boehle**  
L. Spinner and Ann Platt

**In honor of Bone and Joint  
2nd Floor Nurses**  
Jerry and Jackie Bendorf

**In honor of Drs. Jacob and  
Machaille Borgsmiller**  
Bill & Karen Anderson

**In honor of Dr. L. Michael Bowen**  
Bill and Karen Anderson  
Mr. and Mrs. Thomas J Lepak  
Sam Loy, III  
Ruby Stockton

**In honor of Denise R. Branson, PA**  
Abraham V. Kakkuzihyil

**In honor of Dr. Tiffany Brazeal**  
Mr. and Mrs. Edward G. Alexander

**In honor of Dr. Bella Carroll**  
Carol Sims

**In honor of Dr. Saadia N. Chohan**  
Ray L. Jordan

**In honor of Dr. William A. Collazo**  
Bob and Lynne Rowley

**In honor of Dr. Tabitha Danley**  
Rosa Gibson

**In honor of Dustin Davis**  
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Ms. Cynthia J. Robertson  
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Neal Willison

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Carol J. Cobb

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**In honor of Dr. Sudhir Gupta**  
Avedis Foundation

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Richard and Darlene Cullison  
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Harold Osborne  
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**In honor of Dr. June Ivey**  
Keith Derrick  
Margaret Love  
Gayla Machell  
Beverly Selling  
Jerri Thompson  
Bill R. Trammell

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Carol Sims

**In honor Dr. Naji Karam**  
Doris A. Benear

**In honor of Dr. Keith Kassabian**  
Deborah K. Stratton  
Bill R. Trammell

**In honor of Dr. Radwan Kesserwan**  
Mr. & Mrs. Dean Hinton

**In honor of Dr. Farhan Khan**  
Bob & Lynne Rowley

**In honor of Dr. Todd Kliewer**  
Brenda & Darrell Hatfield

**In honor of Dr. Rajesh Kumar**  
Carol Sims

**In honor of Dr. David Lam**  
Patricia L. Reheman

**In honor of Dr. John Long**  
Carol Sims

**In honor of Rina Martin**  
Debbie Lokey

**In honor of Debbie McCulloch and  
the Mobile Medicine Street Team**  
Jerry and Jackie Bendorf

**In honor of Dr. Randy Morgan**  
Sam Loy, III  
L. Spinner and Ann Platt  
Neal Willison

**In honor of Ms. Heather Mosley**  
Deborah K. Stratton

**In honor of Dr. Clayton Nelson**  
Shelly Shomber

**In honor of Ms. Kristina Newman**  
Mr. and Mrs. Roy A. Reeves

**In honor of Dr. Thy Nguyen**  
Roma Cox  
Gayla Machell  
Bob and Lynne Rowley  
Beverly Selling  
Robert L. Weaver

**In honor of Dr. Titi Nguyen**  
Meg Salyer  
Judge and Mrs. Ralph Thompson

**In honor of Dr. Elaine Nordhues**  
Bob and Lynne Rowley

**In honor of Dr. Troy Norred**  
Brenda and Darrell Hatfield

**In honor of Dr. Reji Pappy**  
Carol Sims

**In honor of Mr. Micah L. Pettigrew**  
Tara Pettigrew

**In honor of Dr. Corey Ponder**  
Jerry and Jackie Bendorf

**In honor of Kennedi Puckett**  
Carol J. Cobb

**In honor of Dr. Robert Rader**  
Anonymous

**In honor of Dr. Wendell Richards**  
Pamela S. Allen

**In honor of Dr. L. Brent Scott**  
Bob and Lynne Rowley

**In honor of Dr. R. Scott Stewart**  
Mr. Leonard Taron

**In honor of Dr. Trina Swygert**  
Mr. and Mrs. Dean Hinton

**In honor of Dr. Sally Tan**  
Martha R. Hordinsky  
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**In honor of Dr. John Taylor**  
Tom Burton

**In honor of Dr. Stephanie Taylor**  
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L. Spinner and Ann Platt

**In honor of Dr. Gigi Toma**  
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**In honor of Dr. A. C. Vyas**  
Marie and Dale I. Garrison  
Mr. and Mrs. Thomas J. Lepak  
Robert L. Weaver

**In honor of Pamela Welchel**  
Jerry & Jackie Bendorf

**In honor of Linda Whittington**  
Polly & Larry Nichols  
Lynann Sterk-Brooks & Brandon Brooks

**In honor of Dr. Kersey Winfree**  
Meg Salyer

**In honor of Dr. Donny Wynn**  
L. Spinner & Ann Platt  
Carol Sims  
Neal Willison

**In honor of Dr. Salman Zubair**  
Bob and Lynne Rowley  
Ruby Stockton

# Planned Giving: Wills and Bequests

## What are the benefits of making a bequest?

- You leave a lasting legacy to be remembered.
- You lessen the burden of taxes on your family.
- You may receive estate tax savings.

## How do I make a bequest?

A bequest is one of the easiest gifts to make. With the help of an advisor, you can include language in your will or trust specifying a gift be made to family, friends, or SSM Health St. Anthony Foundation as part of your estate plan.

## What are my options?

A bequest can be made in several ways:

- You can gift a specific dollar amount or asset.
- You can gift a percentage of your estate.
- You can gift from the balance or residue of your estate.
- You can make a beneficiary designation of certain assets.



**How do I get started?** Contact us: 405-272-7070 • Request an Estate Planning Guide: [ssmhc.giftlegacy.com](https://ssmhc.giftlegacy.com)

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